

Ansell-Casey Life Skills Assessment

Youth Level III — Version 4.0

Instructions: These questions will ask you about what you know and can do. Please try to answer all the questions.

Demographics

1. I am: Male Female

2. My current age (years): _____

3. My grade in school:

- | | |
|---|--|
| <input type="radio"/> 1 st grade | <input type="radio"/> 9 th grade |
| <input type="radio"/> 2 nd grade | <input type="radio"/> 10 th grade |
| <input type="radio"/> 3 rd grade | <input type="radio"/> 11 th grade |
| <input type="radio"/> 4 th grade | <input type="radio"/> 12 th grade |
| <input type="radio"/> 5 th grade | <input type="radio"/> Trade school |
| <input type="radio"/> 6 th grade | <input type="radio"/> In college |
| <input type="radio"/> 7 th grade | <input type="radio"/> Not in school |
| <input type="radio"/> 8 th grade | <input type="radio"/> Other |

4. My race/ethnicity? (Please choose all that apply)

- | | |
|---|--|
| <input type="radio"/> American Indian or Alaskan Native | <input type="radio"/> Korean |
| <input type="radio"/> Asian Indian | <input type="radio"/> Native Hawaiian |
| <input type="radio"/> Black, African-American | <input type="radio"/> Other Asian |
| <input type="radio"/> Chinese | <input type="radio"/> Other Pacific Islander |
| <input type="radio"/> Filipino | <input type="radio"/> Other Race: _____ |
| <input type="radio"/> Guamanian or Chamorro | <input type="radio"/> Samoan |
| <input type="radio"/> Hispanic/Latino/Spanish | <input type="radio"/> Vietnamese |
| <input type="radio"/> Japanese | <input type="radio"/> White |

5. My primary race/ethnicity? (Please choose only one)

- | | |
|---|---|
| <input type="radio"/> American Indian or Alaskan Native | <input type="radio"/> Guamanian or Chamorro |
| <input type="radio"/> Asian Indian | <input type="radio"/> Hispanic/Latino/Spanish |
| <input type="radio"/> Black, African-American | <input type="radio"/> Japanese |
| <input type="radio"/> Chinese | <input type="radio"/> Korean |
| <input type="radio"/> Filipino | <input type="radio"/> Native Hawaiian |
| | <input type="radio"/> Other Asian |

- Other Pacific Islander
- Other Race: _____
- Samoan
- Vietnamese
- White

6. If you are American Indian, Native American, or Alaska Native, please write the name of your Tribal or Community Affiliation on the line below.

7. Postal (zip) code of your home address (for research purposes):_____

8. Which answer best describes your current living situation:

- On my own (alone or shared housing)
- With my birth (biological) parents
- With my birth (biological) mother or father
- With my adoptive parent(s)
- With my foster parent(s) who is/are unrelated to me
- With relatives (not foster care)
- With relatives who are also my foster parents
- In a group home or residential facility
- In a juvenile detention or corrections facility
- With a friend's family (not foster care)
- At a shelter or emergency housing
- With my spouse, or partner, or boyfriend or girlfriend
- Other

9. How many years have you been in this living situation? _____

10. I have a Social Security card:

- Yes
- No

11. I have a copy of my birth certificate:

- Yes
- No

12. I have a photo ID:

- Yes
- No

13. When completing this assessment, I am at the following location:

- Employment or vocational agency
- Youth/family community service agency
- School library, classroom, or computer room
- Public Library
- Foster care agency
- Recreation facility (like YMCA, Boys/Girls Club)
- Where I live
- University
- Church, synagogue, temple, mosque or religious facility
- Juvenile detention or correction facility

Knowledge and Behavior

Please circle the number (1, 2 or 3) that describes you best:

	Not like me	Somewhat like me	Very much like me
Communication			
1. I get help if my feelings bother me	1	2	3
2. I can explain how I am feeling (like angry, happy, worried or depressed)	1	2	3
3. I ask for help when I need it	1	2	3
4. I talk with an adult I feel close to	1	2	3
5. I talk over problems with a friend	1	2	3
6. I accept compliments or praise without feeling embarrassed	1	2	3
7. I clearly present my ideas to others	1	2	3
8. I ask questions to make sure I understand something someone has said	1	2	3
9. When I disagree with someone, I try to find a compromise	1	2	3

		Not like me	Somewhat like me	Very much like me
Daily Living				
1	I use things in the kitchen, like the microwave, electric mixer, and oven	1	2	3
2	I store food so it doesn't spoil or go bad	1	2	3
3	I fix meals for myself on my own	1	2	3
4	I keep my living space clean	1	2	3
5	I know how to wash my clothes according to the label (for example, hand wash, dry clean, cold water)	1	2	3
6	I prevent or minimize roaches, ants, mice, mold, mildew, etc	1	2	3
7	I fix my clothes when they need it, like sewing on a button	1	2	3
8	I follow the basic fire prevention and safety rules for where I live	1	2	3
9	I can set up a free email account	1	2	3
Housing and Money Management				
1	I can complete a rental agreement or lease	1	2	3
2	I can arrange for new telephone service and utilities (such as gas, water, electricity)	1	2	3
3	I can calculate the start-up costs for new living arrangements (for instance; rental deposits, rent, utilities, furnishings)	1	2	3
4	I can explain how to get car insurance	1	2	3
5	I can explain how to establish and maintain a good credit rating	1	2	3
6	I can interpret pay stub information	1	2	3

		Not like me	Somewhat like me	Very much like me
7	I understand billing information (such as a phone bill)	1	2	3
8	I can develop a monthly budget for living on my own	1	2	3
9	I can explain the good points and bad points of buying on credit	1	2	3
10	I can explain how to get and renew a driver's license	1	2	3
11	I can explain where to get help if there is a conflict with the property manager	1	2	3
12	I can contact places around where I live to get financial advice	1	2	3
13	I can explain how to write checks, make deposits and ATM transactions, and balance a checking/savings account	1	2	3
14	I can understand and respond to ads for housing	1	2	3
15	I can explain where to get information about financial aid for education	1	2	3
16	I can name two ways to save money on things I buy	1	2	3
17	I am aware of local social service agencies (like employment and counseling services)	1	2	3
18	I can explain the education or training needed for my career options	1	2	3
Self Care				
1	I can explain how to prevent pregnancy	1	2	3
2	I can explain how girls get pregnant	1	2	3
3	I can explain two ways to prevent sexually transmitted diseases (STDs) such as HIV/AIDS and syphilis	1	2	3

		Not like me	Somewhat like me	Very much like me
4	I can explain what happens to your body if you smoke or chew tobacco, drink alcohol, or use illegal drugs	1	2	3
5	I can take care of minor injuries and illnesses	1	2	3
6	If I need medical help quickly, I know how to get it	1	2	3
7	I can explain what can happen if someone drives while drinking or on drugs	1	2	3
8	I can contact places around where I live to get information on sex or pregnancy	1	2	3
9	I can name two or more places to get help if I feel unsafe	1	2	3
10	I can turn down a sexual advance	1	2	3

Social Relationships

1	I am polite to others	1	2	3
2	I respect other people's things	1	2	3
3	I respect other people's ways of looking at things, their lifestyles, and their attitudes	1	2	3
4	I show appreciation for things others do for me	1	2	3
5	I deal with anger without using violence	1	2	3
6	I think about how my choices affect others	1	2	3
7	I can safely interact with others on the internet	1	2	3

Work and Study Skills

1	I get my work done on time	1	2	3
2	I get to school or work on time	1	2	3
3	I prepare for exams and presentations	1	2	3
4	I look over my work for mistakes	1	2	3
5	I use the library, newspaper, computer/internet, or other resources to get information	1	2	3

		Not like me	Somewhat like me	Very much like me
6	I know how to use the internet to do my homework	1	2	3
7	I know how to use a search engine	1	2	3
8	I can create, save, open, retrieve, and print documents on the computer	1	2	3

Extra Items

1	I can make appointments with my doctor, dentist, or clinic when needed	1	2	3
2	I avoid relationships that hurt or are dangerous	1	2	3
3	I can explain how to get a copy of my birth certificate	1	2	3
4	I can explain how to get a copy of my Social Security card	1	2	3

Performance Items:

Please mark the best answer for each of the following questions:

Communication

1. To keep a conversation going, you should?

- A. Ask questions
- B. Brag about everything you have accomplished
- C. Talk about politics
- D. Smile a lot

2. To present your ideas clearly to someone else, you must first?

- A. Make sure you understand your own ideas
- B. Get a good night's sleep
- C. Write down the ideas
- D. Think of all the alternatives to your ideas

3. If a friend sends you an e-mail and you don't understand what they said, you should?

- A. Delete the e-mail
- B. Send an e-mail back asking them what they mean
- C. Ignore them
- D. Write a long response to what you think they are trying to say

4. If someone is phishing they are:

- A. Hungry
- B. Trying to steal your banking information with a false website
- C. Telling a bad joke
- D. Trying to steal your wireless

Daily Living

5. If the power goes out where you live, which of these probably won't work?

- A. Microwave
- B. Oven
- C. Refrigerator
- D. All of these probably won't work

6. Which of these is a safety hazard in the bathroom?

- A. A washcloth and towel
- B. A hairdryer plugged in right next to the bath tub or shower
- C. An open window
- D. An overturned waste basket

7. If you are cooking something in a pan using grease and the grease catches fire, what should you do?

- A. Throw water on the fire
- B. Smother the fire with a towel
- C. Carry the flaming pan outside
- D. Smother the fire with the lid of a pan

Housing and Money Management

8. If someone wants to rent an apartment, which of these do they have to complete?

- A. Mortgage papers
- B. Driver's license forms
- C. Change of address forms
- D. A rental application

9. To get the best car insurance rate, you need to?

- A. Come from a rich family
- B. Drive an expensive car
- C. Have a safe driving record
- D. Get insurance from a small company, not a large one

10. Which of these are good ideas about credit cards?

- A. Try not to use a credit card for luxuries
- B. Try to use credit cards only when you can pay what you charge each month
- C. It's better to use cash than credit cards
- D. All of the above are good ideas about credit cards

Self Care

11. Which of these is a treatable bacterial infection that can spread throughout the body and affect the heart, brain and nerves?

- A. Syphilis
- B. Human papillomavirus (HPV)
- C. Herpes
- D. Chlamydia

12. If someone chews smokeless tobacco, what is likely to happen to them?

- A. Their teeth will get brown stains
- B. They will become addicted to nicotine
- C. They will be more likely to have cancer later on
- D. All of these are more likely to happen to them

13. A fever is when the body temperature gets higher than normal. Normal body temperature for most people is?

- A. 100.2 degrees
- B. 102.4 degrees
- C. 92.3 degrees
- D. 98.6 degrees

Social Relationships

14. If your teacher's name is Mr. Jonathan P. Edwards, what should you call him?

- A. Mr. Edwards
- B. Jon
- C. Jonathan
- D. Teacher

15. If you want others to show respect for you, you should?

- A. Get really high grades in school
- B. Show them respect
- C. Always be on time for appointments
- D. Dress like everybody else

16. If someone you know is from another race, you should?

- A. Avoid them
- B. Think you are better than they are
- C. Respect them as much as anyone else
- D. Try to make them your best friend

Work and Study Skills

17. What's the best way to make sure you get your homework done?

- A. Do the toughest part first
- B. Turn off the TV or anything else that might distract you
- C. Get it done before it gets too late
- D. All of these are pretty good ways to get homework done

18. Which of these is true about using the internet to help with school work?

- A. It's always OK to send your e-mail address to others if they offer to help you get your assignment done
- B. Go only to sites that will definitely help with the assignment
- C. There are many sites that will actually do your assignment for you
- D. Most internet sites take so long to help you that it isn't worth looking on the internet for help

19. A resume should have which of the following on it?

- A. Your birth date
- B. Information about your race
- C. Your work history
- D. Your past salary information

Extra Items

20. If you have \$100 in your bank account and you write a check for \$125, what will happen?

- A. The bank will call you and ask you to put more money in the account
- B. The bank will put in an additional \$25 into your account
- C. Your check will not be honored and your check may "bounce"
- D. Your bank account will be immediately closed

21. A smoke alarm?

- A. Is something that wakes you up in the morning
- B. Sounds if there is a fire or smoke where one lives
- C. Goes off if someone smokes a cigarette in the next room
- D. Is just another name for a fire extinguisher

22. If you have an important problem you would like to talk over with someone else, who should you talk to?

- A. A friend you just met
- B. An adult you trust
- C. Any teacher at school
- D. Your next door neighbor

Assessment Evaluation

1. Not counting today, how many times have you taken an ACLSA?

2. I filled out this assessment (please mark all that apply):

- With an adult By myself With a friend

3. How did you like this assessment?

- I liked it It was OK I didn't like it

Additional Questions

This section is for use with questions provided by your school, agency or caregiver. If no questions have been provided, you may stop here. Thank you.

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